WIDESPREAD ATYPICAL CUTANEOUS LEISHMANIASIS CAUSED BY LEISHMANIA (L.) CHAGASI IN NICARAGUA

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Abstract. Leishmania chagasi, the causative agent of visceral leishmaniasis (VL) in the Americas, has recently been associated with atypical cutaneous leishmaniasis (ACL) in Central America; however, little comprehensive information about this disease is available. Clinical, epidemiologic, and parasitologic characteristics of 252 ACL cases and 44 VL cases in Nicaragua were analyzed. Visceral leishmaniasis is primarily associated with malnourished children less than five years of age, whereas ACL is found predominantly in children greater than five years of age and young adults. Genetically similar parasites are associated with both disease manifestations. The sand fly Lutzomyia evansi, in addition to Lu. longipalpis, may be involved in transmission of L. chagasi to humans. Our results indicate that ACL is more prevalent than previously thought, affecting up to 10% of a local population. The fact that the same parasite appears to cause both ACL and the potentially fatal visceral disease suggests that the host immune response is critical in determining the outcome of L. chagasi infection. The public health implications of the widespread presence of L. chagasi are discussed.

Parasitic protozoa of the genus Leishmania are responsible for a group of diseases that constitute an important public health problem in tropical and subtropical regions worldwide. Leishmaniasis presents a wide spectrum of clinical manifestations, depending on the species of the parasite, the host immune response, and possibly factors in the saliva of the sand fly vector. In the Americas, L. chagasi causes subclinical infections and visceral leishmaniasis (VL), which is potentially fatal if untreated. Recently, L. chagasi has been reported to cause non-ulcerated cutaneous nodules, designated atypical cutaneous leishmaniasis (ACL) or non-ulcerated cutaneous leishmaniasis, in Honduras, Costa Rica, and El Salvador (Murillo L, unpublished data). Parasites responsible for VL and ACL in Honduras appear genetically similar as determined by a variety of molecular biological assays, such as polymerase chain reaction (PCR)–schizodemes, random amplified polymorphic DNA (RAPD) PCR, and differential display analysis. L. infantum, a closely-related parasite found in the Mediterranean basin, has also been reported to cause both visceral and cutaneous disease. In this case, parasites responsible for the different disease outcomes appear to correlate with different genetic classifications (zymodemes). However, typically dermotropic strains of L. infantum are known to visceralize in immunocompromised patients with acquired immunodeficiency syndrome (AIDS).

Visceral leishmaniasis associated with L. chagasi infection in Nicaragua has been reported since the early 1980s (Belli A, Darce M, Moran J, Palacios X, Valle S, Gonzalez A, unpublished data). In 1997, the first cases of ACL were identified, and the incidence has been increasing dramatically. Here we report the clinical, epidemiologic, entomologic, and parasitologic characteristics of VL and ACL in Nicaragua. Our data suggest that human L. chagasi infections are more prevalent than previously estimated and could constitute a significant problem in other areas where L. chagasi is endemic, particularly in immunocompromised hosts.

MATERIALS AND METHODS

Patients and clinical data. The patients in this study were referred to the Centro Nacional de Diagnóstico y Referencia, Ministry of Health (Managua, Nicaragua) from regional hospitals and health units. A diagnosis of VL was made when patients had fever, hepatosplenomegaly, and an IgG titer higher than 1/64 by an indirect immunofluorescence test. Additional signs included anemia (hematocrit below 35%), malnutrition (according to the classification of Gómez and others), leukopenia (leukocyte count below 4,000/mm³), and weight loss (as determined by the guardian). The 44 cases of VL included in this study occurred over a period of 10 years (1987–1997).

Two hundred eleven of the ACL cases were referred from hospitals and health units, and 41 were identified through a complete house-to-house survey in the community of Apomuca in Chontales. Atypical cutaneous leishmaniasis was defined by at least one of the following: 1) the presence of non-ulcerated cutaneous nodules that contained Leishmania parasites by microscopy, 2) the presence of such lesions containing Leishmania DNA as determined by Leishmania genus-specific PCR, or 3) the presence of characteristic lesion(s), a positive Montenegro skin test result, and a positive immunofluorescence assay result. These 252 cases of ACL were reported and confirmed between April 1997 and October 1998. The VL and ACL specimens from patients visiting hospitals or Ministry of Health clinics were obtained by hospital staff and/or Ministry of Health personnel for routine diagnostic procedures, which included clinical examination, Montenegro skin test, serology, microscopy smear, culture, and PCR analysis. Unused portions of the PCR samples were used for PCR-schizodeme analysis. As per standard procedure in active case detection activities by the National Leishmaniasis Control Program of the Nicaraguan Ministry of Health, informed consent was obtained by Ministry of Health personnel from participants in the house-to-house survey.

Parasites. Reference strains included in this study were
as follows: L. chagasi (MHOM/BR/74/PP75), L. braziliensis (MHOM/BR/75/2903), and L. mexicana (MNYC/BZ/62/M379), obtained from the London School of Tropical Medicine and Hygiene (London, United Kingdom), and Honduran L. chagasi isolates from ACL cases (MHOM/HN/88/HN116, MHOM/HN/97/HN901) or from visceral cases (MHOM/HN/87/HN029, MHOM/HN/97/HN905), kindly donated by Dr. Carlos Ponce (Laboratorio Central, Ministerio de Salud Pública, Tegucigalpa, Honduras).

**Laboratory methods.** Serum specimens from VL and ACL cases were analyzed by an indirect immunofluorescent antibody test (IFAT) using solid-phase L. chagasi promastigote antigen to capture IgG antibodies. Serum titers greater than or equal to 1/64 were considered positive. The Montenegro skin test was performed on patients suspected of ACL by intradermal injection in the forearm of 0.1 ml of a saline solution containing 5 × 10³ killed L. chagasi promastigotes and 0.01% merthiolate. The area of induration was measured 48 hr post-injection, and a diameter greater than or equal to 5 mm was considered positive. Smears were prepared from lesion scrapings, fixed with methanol, and stained with Giemsa for microscopy. Small elliptical incisional biopsies were taken using a sterile scalpel from facial lesions of the first seven patients presenting non-ulcerated cutaneous lesions who were seen by local dermatologists and later referred to our group. These skin biopsies were fixed in 10% formalin, embedded in paraffin, sectioned, and stained with hematoxylin and eosin for histologic analysis.

Entomologic methods. Phlebotomine sand flies were captured using Center for Disease Control and Prevention (CDC) light traps placed in the vicinity of houses of confirmed cases from dusk to dawn. The sand flies were transported in 70% ethanol, sorted, clarified with 20% potassium hydroxide, and speciated according to morphologic criteria.

**Analysis by PCR.** Dermal scrapings for PCR amplification were collected with a sterile wooden toothpick and boiled for 10 minutes. The DNA from Skenekie was amplified using Center for Disease Control and Prevention (CDC) light traps placed in the vicinity of houses of confirmed cases from dusk to dawn. The sand flies were transported in 70% ethanol, sorted, clarified with 20% potassium hydroxide, and speciated according to morphologic criteria.

**RESULTS**

**Visceral leishmaniasis.** All 44 cases of VL were characterized by fever, hepatosplenomegaly, pancytopenia, and increased immunoglobulin levels, while 39 (89%) cases presented with anemia, 25 (57%) with leukopenia, 36 (82%) with malnutrition, and 23 (52%) with weight loss. All cases were confirmed as positive by immunofluorescence, as determined by high titers of serum antibodies specific to L. chagasi antigen. The age of patients ranged from nine months to 32 years (mean = 3.8 years); 37 of the patients (84%) were four years of age or younger. Eighteen (41%) of the 44 cases came from the Department of Chinandega, 4 (9%) from León, 6 (14%) from Managua, 5 (11%) from Chontales, and the other 11 (25%) from five other departments (Figure 1). These regions are characteristically semi-arid and below 200 meters above sea level.

**Atypical cutaneous leishmaniasis.** Atypical cutaneous leishmaniasis cases (n = 252) presented with cutaneous nodules that ranged in size from 3 to 30 mm. In 209 cases (83%), lesions were surrounded by an area of depigmentation. Histologic sections from skin biopsies demonstrated granulomatous infiltration (n = 7). The lesions were gener-
ally few in number (mean = 2.5), with 84% of the patients presenting with three or less nodules; 190 (75%) of the patients had lesions on the face, 62 (25%) on the arms, 46 (18%) on the legs, and 27 (11%) on the torso. The lesions were reportedly present for 1 month to 15 years, with an average duration of 2.3 years. Forty-one patients reported the existence of these lesions for more than 5 years. No fever or hepatosplenomegaly was observed. Of the 252 ACL cases, 188 (75%) were between the ages of 5 and 20. The mean age of the ACL patients was 14.9 years, significantly different from that of the visceral cases, which was 3.8 years ($P < 0.01$, by Wilcoxon rank sum test). Of the confirmed ACL patients, 185 (73%) came from the Department of León, 61 (24%) from Chontales, 5 (2%) from Managua, and one (0.4%) from Granada (Figure 1). Most of the ACL cases in the Department of Chontales were from the community of Apompuá, where no visceral disease has ever been reported. A complete house-to-house survey of 100 houses in this community revealed a prevalence of confirmed ACL of 9.6% among its population of 427. This region is ecologically similar to areas where VL is endemic.

A number of diagnostic tests were performed. One hundred twenty (79%) of 151 cases demonstrated a positive Montenegro skin test result, and 171 (84%) of 203 had elevated (> 1/64) titers of specific antibodies to L. chagasi. Dermal scrapings from 53 (23%) of 232 ACL patients revealed amastigotes by microscopy, although in most cases, parasites were few in number. Two hundred five (85%) of 242 cases presented lesions containing Leishmania DNA, as determined by PCR assays. Efforts were made to isolate Leishmania in culture from 143 lesion aspirates in four different culture media; however, only six attempts (4%) were successful, all in Schneider’s Drosophila media supplemented with 10% FBS over TSA containing 10% rabbit blood.

**Entomologic data.** Sandfly collections were conducted in the proximity of reported leishmaniasis cases using CDC light traps, and the species of the captured sand flies were identified. In the Pacific region, including the Departments of Leon and Chinandega where VL cases predominate, 4,852 phlebotomine specimens were collected over a period of 10 days. Seventy-seven percent of the sand flies were found to be Lutzomyia longipalpis, and 16% were classified as Lu. evansi. Recent collections from communities reporting ACL in Chontales Department in Central Nicaragua revealed 47% Lu. longipalpis and 46% Lu. evansi (n = 1,415). The relative numbers of Lu. longipalpis and Lu. evansi collected in these two regions demonstrate differences that are statistically significant ($P < 0.001$). Of the total number of captured phlebotomine sand flies (n = 6,267), 93% were either Lu. longipalpis or Lu. evansi.

**PCR results.** Peripheral blood mononuclear cells from 9 patients with VL were subjected to PCR amplification using primers specific to the genus Leishmania, and 7 generated products of the expected size of 120 basepairs (e.g., Figure 2, lanes 3 and 4). Crude preparations of dermal scrapings from ACL lesions were subjected to PCR amplification with genus-specific primers (Figure 2, lanes 5–9). Of 242 cases, 205 (85%) were positive by the PCR. To characterize the parasite causing ACL and VL, several specimens were analyzed using a multiplex PCR assay that generates products of different sizes for each New World Leishmania complex.

The samples yielded products within the size range expected for members of the *L. donovani* complex (e.g., Figure 3, lane 6). Cultured isolates from 6 ACL cases and 2 visceral leishmaniasis cases were also examined by both the multiplex assay and an *L. donovani*-specific minicircle-based PCR assay. Again, products of the expected size were obtained (Figure 3, lanes 7–14).

**Schizodeme results.** Kinetoplast DNA was amplified directly from clinical samples and from cultured isolates using two different sets of primers that amplify the variable region of the *Leishmania* minicircle. The resulting products were purified and digested with Hae III. Similar results were obtained with both primer sets. The patterns generated from parasites causing ACL (n = 6) and from parasites isolated from visceral cases in Nicaragua (n = 2) were similar, as shown in Figure 4, lanes 1–5. This same result was obtained with parasites from ACL and VL patients in Honduras, which also demonstrated similar patterns (Figure 4, lanes 6–9). However, *L. chagasi* isolates from both Nicaraguan VL and ACL cases generated a pattern that was distinct from that obtained with the Honduran parasites (Figure 4, lanes 1–9). Restriction digests of amplified minicircles from four of the Nicaraguan ACL isolates (e.g., Figure 4, lanes 4 and 5) generated a pattern that differed slightly from the schizodeme pattern characteristic of the other Nicaraguan ACL and VL isolates examined to date (e.g., Figure 4, lanes 1–3).

**DISCUSSION**

We report here that *L. chagasi* causes both visceral and cutaneous disease in Nicaragua, and describe clinical and epidemiologic characteristics of atypical *L. chagasi* infections. We found that the parasites responsible for both visceral and cutaneous disease appear to be similar. Since the clinical manifestation of leishmaniasis depends on both parasite and host factors, this finding suggests that the outcome of *L. chagasi* infection may be in large part determined by the host immune response. We believe that atypical cutaneous leishmaniasis (ACL) is an intermediate form in the spectrum from subclinical *L. chagasi* infections to visceral disease. We find that ACL is significantly more widespread than...
previously thought and believe that the public health implications of this phenomenon must be considered.

Atypical cutaneous leishmaniasis cases occur in semi-arid areas typical of the Central and Pacific regions of Nicaragua (Figure 1) and other Central American countries. We our data from a household survey in an endemic community revealed a prevalence of approximately 10%. This is consistent with the high numbers of cases reported in affected areas in Honduras (Ponce C, unpublished data) and Costa Rica. Given the apparent high frequency of ACL among affected populations, as awareness of ACL increases, these case reports could reach significant proportions in other regions where L. chagasi is endemic (e.g., Central America, Brazil, Colombia).

In this retrospective study, we report 44 cases of classical VL caused by L. chagasi that were seen at the Centro Nacional de Diagnóstico y Referencia in Managua over the last 10 years and 252 cases of ACL that were diagnosed within the last year and a half. This upsurge in reports of ACL probably reflects diagnostic bias due to increased awareness, and not necessarily a change in disease incidence. Atypical cutaneous leishmaniasis is characterized by the presence of cutaneous nodules found on the face and extremities, often surrounded by an area of depigmentation. There is no detectable fever or hepatosplenomegaly, which are characteristic of VL.

The ability of L. chagasi to cause both visceral and cutaneous disease could be determined by a number of factors, including the status of the host immune system, the genetic identity and characteristics of the parasite, and the sand fly responsible for its transmission. The immune response is influenced by the nutritional state of the host, which in turn is a reflection of socioeconomic status. Interestingly, a number of the ACL cases in Nicaragua come from regions where both pathologies (ACL and VL) are reported (e.g., Malpaisillo, Department of Leon), whereas other ACL cases come from areas with no history of VL (e.g., Apompua, Department of Chontales) (Figure 1). The areas where visceral and cutaneous disease co-exist appear to be more economically depressed and have higher levels of malnutrition than communities reporting only ACL (Belli A, unpublished data). This is consistent with earlier reports that identified malnutrition as a risk factor for the development of visceral disease. Another notable observation is the difference in age between visceral cases (mean = 3.8 years) and ACL cases (mean = 14.9 years; P < 0.01); this may reflect differential disease susceptibility related to maturation of the immune system. Studies are currently underway to investigate the cellular immune response of ACL patients.

Another factor that could influence severity of disease is the parasite itself. The closely-related Old World parasite L. infantum has been associated with both cutaneous and visceral disease in the Mediterranean basin, and dermotropic L. infantum strains appear to belong to a different zymodeme than viscerotropic strains when analyzed using the high-resolution technique multilocus enzyme electrophoresis. However, our preliminary results indicate that L. chagasi parasites responsible for VL and ACL in Nicaragua are ge-
netically similar, according to the patterns generated by restriction enzyme digestion of PCR-amplified minicircles (Figure 4). This is consistent with reports that *L. chagasi* strains isolated from either visceral or ACL patients in neighboring Honduras display similar PCR-schizodeme and RAPD patterns. A small degree of clonal heterogeneity was observed among the Nicaraguan parasites, since several ACL isolates generated a pattern that differed slightly from the pattern shared by the other ACL and VL strains.

Interestingly, the PCR-schizodeme patterns of Nicaraguan and Honduran *L. chagasi* strains are distinct (Figure 4). Since this schizodeme analysis is PCR-based, it is possible that different minicircle classes are being amplified from parasites from the two countries; even if this is the case, this would reflect a certain genetic distinction. Most significantly, isolates from the two countries exhibit distinct biologic behaviors. The Honduran strains can be readily isolated in culture, while the Nicaraguan parasites are extremely fastidious and difficult to grow in culture—a characteristic for which dermotropic *L. infantum* and cutaneous Costa Rican *L. chagasi* strains are notorious. These observations may indicate that clonal populations of *L. chagasi* are circulating in Nicaragua that are genetically distinct from the parasite population found in Honduras, both of which are capable of causing the two pathologies.

The species of the transmitting sand fly could also play a role in determining the clinical outcome of *L. chagasi* infection. It has been suggested that factors in the saliva of the sand fly, such as the vasoactive peptide maxadilan, can influence tissue tropism. It has been suggested that factors in the saliva of the sand fly, such as the vasoactive peptide maxadilan, can influence tissue tropism. *Lutzomyia longipalpis* is considered to be the primary vector for transmission of *L. chagasi* associated with visceral disease. Over a 10-year period, we found that *L. longipalpis* was the predominant phlebotomine species in foci of active transmission of visceral leishmaniasis, while *Lu. evansi*, a secondary vector for *L. chagasi*, represented only a small proportion of the sand flies collected. In contrast, recent investigation of several areas reporting only ACL activity revealed a greater proportion of *Lu. evansi*, equal to that of *Lu. longipalpis*. Although these differences are statistically significant, the relative numbers of *Lu. longipalpis* and *Lu. evansi* collected may be affected by seasonal variation, a possibility that we are currently investigating. These preliminary data suggest that *Lu. evansi* as well as *Lu. longipalpis* may be involved in transmission of *L. chagasi*. In addition, the distinct species of *Lutzomyia* could influence the different clinical manifestations of VL and ACL. Confirmation of the vector responsible for transmission of *L. chagasi* in foci of ACL is under further examination.

The public health implications of widespread *L. chagasi* infections in Central and South America are manifold. First, parasites that cause ACL appear to be genetically very similar to those responsible for visceral leishmaniasis. If this is the case, this poses the risk that cutaneous infection may visceralize upon deterioration of the immune status of the host, since dermotropic variants of *L. infantum* are known to visceralize in immunocompromised patients with AIDS. Second, ACL cases may serve as a reservoir for transmission of *L. chagasi* infections, which could lead to visceral disease in subsequent hosts. If so, treatment of ACL cases could potentially serve as a preventive measure towards reducing the incidence of VL. In fact, this phenomenon has been observed in Honduras, where aggressive treatment of ACL in various communities led to an apparent decrease in visceral cases (Ponce C, unpublished data). To explore the possibility of ACL cases acting as a reservoir, studies are underway in Nicaragua to investigate whether ACL leads to a systemic infection with *L. chagasi*. Third, cutaneous lesions associated with ACL are often misdiagnosed (e.g., as cutaneous tuberculosis, sarcoidosis, or lupus vulgaris) and treated inappropriately at high cost. Last, ACL may serve as a sentinel clinical marker for the possible occurrence of VL in a community, with the incidence of VL influenced by other factors, such as malnutrition in children or immunosuppression. It is likely that ACL is being overlooked to a large extent and that *L. chagasi* infections are more prevalent than previously thought.

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